



MILTON JIU-JITSU CLASS SCHEDULE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					White Belts Ages 4-6 years 10:30-11:20am
Yellow & Orange Ages 6-8 Years 5:30-6:20pm	Yellow & Orange Ages 11+ Years 5:30-6:20pm	Yellow & Orange Ages 6-8 Years 5:30-6:20pm	Yellow & Orange Ages 11 + Years 5:30-6:20pm		White Belts Ages 7-9 Years 11:30-12:20pm
Yellow & Orange Ages 9-11 Years 6:30-7:20pm	Green & Blue 6:30-7:20pm	Yellow & Orange Ages 9-11 Years 6:30-7:20pm	Green & Blue 6:30-7:20pm		White Belts Ages 10+ Years 12:30-1:20pm
ADULTS All Belt Levels 7:30-9:00pm	ADULTS All Belt Levels 7:30-9:00pm	ADULTS All Belt Levels 7:30-9:00pm	ADULTS All Belt Levels 7:30-9:00pm		

Facebook: Milton Jiu-Jitsu

Website: www.miltonjiu-jitsu.ca

Instagram: [milton_jiujitsu](https://www.instagram.com/milton_jiujitsu)