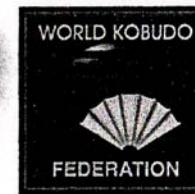




# Summer 2010



# Class Schedule



310 Main Street (side entrance) (905) 878-1074

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>STARTS MONDAY JULY 05</b> 				CLOSED	CLOSED	CLOSED
	JR. Green Belt & Up 5:00 – 6:00 PM					
JR. White - Orange 7 – 10 Yrs 5:30 – 6:30 PM	JR. White - Orange 10 Yrs & Over 6:00 – 7:00 PM	JR. White - Orange 4 – 7 Yrs 5:30 – 6:30 PM	JR. White - Orange 10 Yrs & Over 5:30 – 6:30 PM			
JR. White - Orange 4 – 7 Yrs 6:30 – 7:30 PM	ADULT JIU JITSU Beginner 7:00 – 8:30 PM	JR. White - Orange 7 – 10 Yrs 6:30 – 7:30 PM	JR. Green Belt & Up 6:30 – 7:30 PM			 <b>ENDS THURS Sept 2</b>
		ADULT Sport/MMA 7:30 – 9:00 PM	ADULT JIU JITSU 7:30 – 9:00 PM			

Website: [www.miltonjiujitsu.ca](http://www.miltonjiujitsu.ca)

Email: [miltonjj@cogeco.ca](mailto:miltonjj@cogeco.ca)